



SERIOUSLY... You're In Charge!

Lessons Learned From The Ride

Lori-Ann Muenzer, Canada's 1st and only Olympic Cycling Gold Medallist, will be our keynote speaker on August 31 at Amberlea Meadows and she wants to know:

If you could ask an Olympic Gold Medallist 2-3 questions, WHAT would you want to learn about or know?

- **Send Lori-Ann your questions on or before Thurs. July 22 - [QUESTIONS TO ASK LORI-ANN](#)**
LINK: <https://www.surveymonkey.com/r/S58N229>

Lori-Ann will take you on an adventure. She will share lessons learned from the ride (in a cycling career that spanned 18 years), along with strategies you can immediately apply to your own riding style and journey.

Be prepared to be motivated, inspired, and engaged with this keynote presentation.